



Welcome to the Year 7 Parent/Carer Engagement Evening

Please scan the QR code to confirm attendance

Year 7 Parent/Carer Engagement
Evening Attendance - Wednesday
21st October 2026



**‘Parental support is eight times more important
in determining a child’s academic success than
any other factor’**

Education Endowment Foundation



Welcome to Whitchurch High School

How can you as parents/carers support your child in High School?

- **Be involved** with school and support when they are completing own learning.
- **Communication** is key.
- Send your children to school **prepared** – equipment, packing their bag.
- Discuss their school day - **reinforce** positives around their day.
- **Support** the school with school policies.
- **Encourage** after school activities – at least one extra-curricular club.



Communication is key...



SCHOOL
HOME
STUDENTS

Helping students on
their learning journey.

- Arbor Parent App
- Email
- Interim Reports
- School Website:
Interactive Calendar



Year 7 Progress Team



Mrs C Robson
Assistant Headteacher
Years 7-9



Mrs G Salmon
Progress Leader



Mrs E Reid
Assistant Progress Leader



Ms J Stagg
Assistant Progress Leader

Learning For Life



Mrs L Jones
Progress Assistant



Ms L Price
Wellbeing Officer



Mr D Duncan
Transition Co-ordinator

Dysgu am Oes



School Day & Extra Curricular Activities

School Day - 8.40am – 3.00pm.

Library open from 8.00am.

Library open until 4.00pm.

Extra-curricular clubs

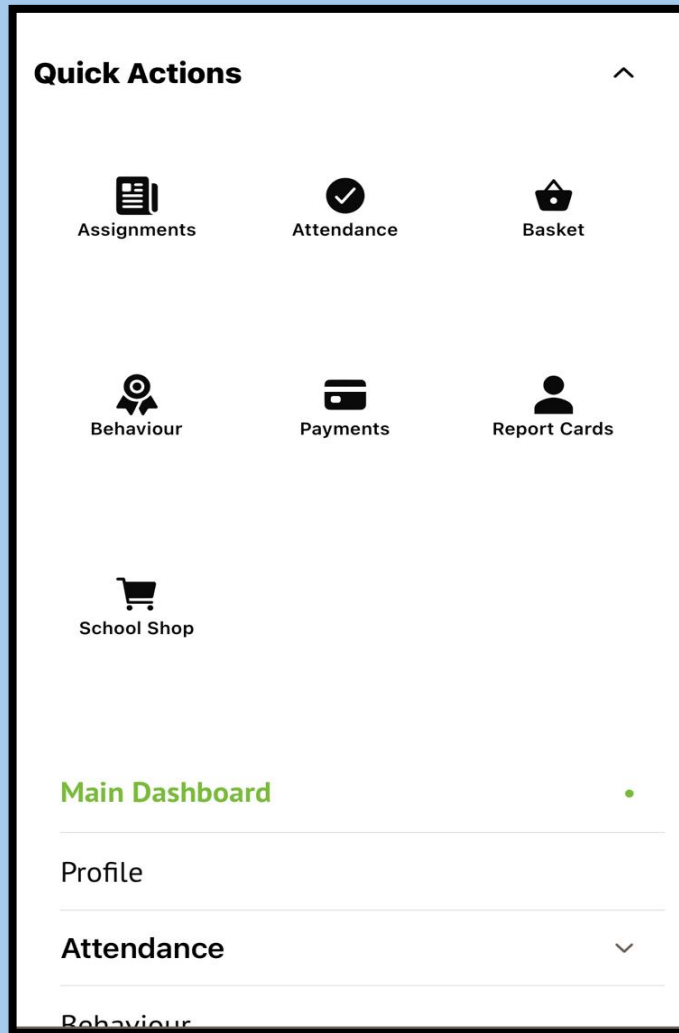


**To be
successful
you need to
be prepared.**





Help Your Child Prepare Using the Arbor Parent App



Calendar - Mon, 19 Oct 2026		
Prev. Day	Today	Next Day
08:40 - 09:40	English: Year 7: 7R/En	56
09:55 - 10:55	Music: Year 7: 7R/Mu	80
10:55 - 11:55	Mathematics: Year 7: 7...	71
12:40 - 13:40	Wellbeing: Year 7: 7R/...	61
13:55 - 15:00	Cymraeg: Year 7: 7R/Cy	00



Attendance Matters

Research suggests that **17 days** missed from school in one year equates to a **full** GCSE grade less.



Why Attendance Matters...

Above 97%	Less than 6 days absence over the year: excellent attendance. Students with this attendance should achieve the best grades they can leading to better prospects for work, college or university.
95%	School target for all students. Less than 10 days absence in a year. Students with this attendance are likely to achieve their target grades and have good opportunities for work, college and university.
90%	19 days absence over the year. Students with this attendance are missing a month of school per year and may drop an exam grade; it will be difficult for them to achieve their best.
85%	29 days absence in a year. These students are missing 6 weeks of school a year. It will be very difficult for them to keep up and do their best.
80%	Students with this attendance are missing a year of school over the five years of secondary education, it will be almost impossible to keep up with work. Parents/Carers of students with this level of attendance could be issued with a fixed penalty notice.



Reporting an Absence

- Please contact the main school office on 02920 629700 and select option 1 to report your child's absence.
- Please remember to leave your child's full name and reason for absence.
- Please **do not** email members of the progress team to record absence. If they are teaching or with another student, they may not be able to pick up the email and inform the registration secretary.
- Use the absence line to let school know if your child needs to leave school early for an appointment.



To support with Attendance...



Ysgol Uwchradd Yr Eglwys Newydd

Whitchurch High School

[WELCOME](#) [HOME](#) [ADMISSIONS](#) [CURRICULUM](#) [GOVERNORS](#) [PARENTS](#) [STAFF](#) [STUDENTS](#)

Student Wellbeing

[back to Student Homepage](#)

Whilst all students are here at Whitchurch High School we hope that they will take full advantage of all the opportunities to learn, grow and become a young person ready for the 21st century. To do this means that all students need to develop an understanding of the things that they value and take responsibility for themselves healthy in mind, body and spirit, taking responsibility for their own personal wellbeing.

[Student Homepage](#)
[Email](#)
[Extra-Curricular](#)
[Office 365](#)
[Rugby Academy](#)
[SIMS Student](#)
[Sixth Form](#)
[Student Enrichment](#)
[Wellbeing](#)



Wellbeing Support...

Are you a Chronic Worrier?	Body Image	Childline
Coping with Depression	Exam Anxiety	Family Matters
Improving Low Mood	Improving Sleep	Keeping Calm through Exams
Managing Difficult Emotions	Managing Stress	Online Safety
Perfectionism	Positive Wellbeing	Study Skills
Stress Management	Voices in the Middle	What is Bullying?
What is Mental Health?	Young Carers	



Wellbeing Support...

- **THRIVE**
- **ELSA**
- **Talk About** (Social interactions, maintaining friendships etc...)
- **I Can Do It** (Self-esteem, Anxiety, removing barriers)
- **Wellbeing sessions** – 1:1 or group sessions.
- **Feelings are Funny Things** – Schools In Reach workshops.
- **Cardiff Family Advice and Support.**





Preparing Students for Life Beyond WHS

The big things do matter,
but it is the small things that
make them so.



Dress for Success & Show You Belong

Lower school tie – blue/gold.

The school blazer is an optional item and can be worn instead of (or with) the school jumper or cardigan.

If students choose not to wear a blazer, then the school jumper or cardigan is compulsory.

NO JEANS, NO LEGGINGS, NO JOGGERS

NO HOODIES – PE HOODIES ONLY TO BE WORN FOR SPORT & FITNESS LESSONS.

Shoes should be plain black and leather – NO TRAINERS worn outside of Sport & Exercise/Games lessons.

IF STUDENTS HAVE GAMES DURING THE DAY:

Students must wear full uniform to school – even if they have Sport & Exercise/Games P1.

Students **are allowed to leave school in Games kit if they have Sport & Exercise/Games P5.**



Be on Time – Punctuality Matters

Shows
respect to
others

Shows
professionalism

Ensures
important
learning is not
missed

Life Skill

3 lates to any lesson within a week – 30 minutes level 2 detention.

4 or more lates to any lesson within a week – 1 hour extension to the school day on a Monday to catch up on lost learning.



Being Ready to Learn

Teach and reinforce
skills and behaviours for
life beyond Whitchurch
High School.



Learner Engagement – Achievements & Rewards

- **Positive Incidents will be given for Good Work, Good Engagement, 100% attendance.**
- **Termly awards – raffle tickets to be given to most improved student, student of the week, top achieving student(s) of the week, meeting or exceeding a certain number of positive incidents in a term, etc.**
- **Celebratory breakfasts/lunches - linked to Learning Behaviours.**
- **SIG and Student Voice work together to develop these further.**



Learner Engagement – Negative Incidents



Whitchurch High School Ysgol Uwchradd Yr Eglwys Newydd

Respect your teachers and fellow classmates
Ensure you attend all lessons on time
School uniform is to be worn at all times
Phones should not be used in school unless directed by staff
Essential equipment must be brought to every lesson
Complete all set work on time
Treat others as you would like to be treated yourself

A complete list of the school rules can be found in your school planner/journal

Learning for Life in an Inclusive and International School Community

Dysgu Gydol Oes mewn Ysgol Gymunedol Gynhwysol a Ryngwladol

Level 2: After school detention – 30 mins

Level 3: for Defiance or Significant Disruption immediate removal to RTR

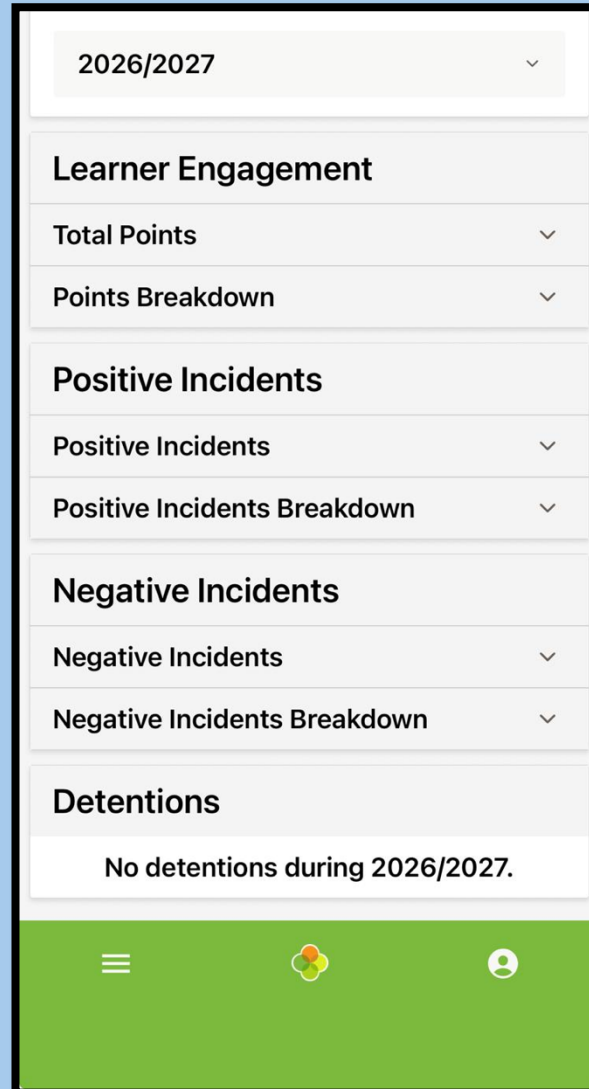
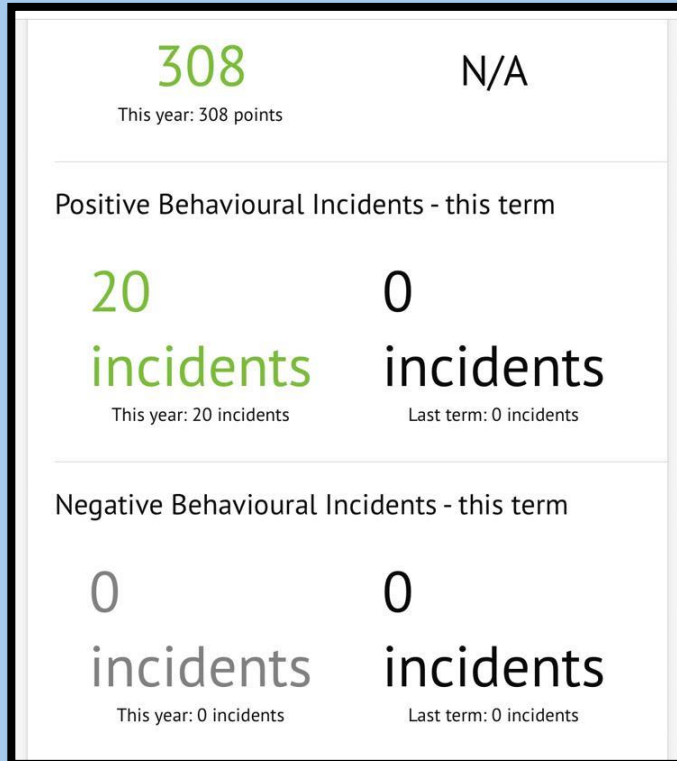
Other Level 3's: Referral to Central Friday Detention (1 hour)

Level 4: Referral to Internal Inclusion (1 day)

Level 5: Consideration of fixed term exclusion



Support school with achievement and behaviour.





Support with Accessing School Emails



Ysgol Uwchradd Yr Eglwys Newydd

**Whitchurch
High School**

B26DaviesJ@whitchurch.cardiff.sch.uk

WELCOME

HOME

ADMISSIONS

CURRICULUM

GOVERNORS

PARENTS

STAFF

STUDENTS



Student Homepage

Email

Extra-Curricular

Office 365

Rugby Academy

SIMS Student

Sixth Form

Student Enrichment

Health and Wellbeing



Support with Accessing Microsoft Teams

The screenshot shows a web browser window with multiple tabs open. The active tab is a Microsoft Bing search page. The search bar contains the text "office 365 login", which is highlighted with a red rectangle. Below the search bar, the results show "About 6,430,000 results". The top result is for "Microsoft 365" with the URL "https://www.office.com". This result is also highlighted with a red rectangle. Below the result, there are links for "Outlook", "Sign in to Your Account", and "Bookings". On the right side of the page, there is a large advertisement for Microsoft 365.

Microsoft Bing

office 365 login

Sign in 1343

SEARCH CHAT IMAGES VIDEOS MAPS NEWS SHOPPING MORE TOOLS

About 6,430,000 results

 **Microsoft 365**
Product family of Microsoft

Sign in Apps & services For home For education For business For enterprise

 Microsoft 365
<https://www.office.com>

Office 365 login

versions of Microsoft Word, PowerPoint, Excel, and OneNote.
Save documents, spreadsheets, and presentations online, in OneDrive.

Outlook
Outlook - Office 365 login

Sign in to Your Account
Email, phone, or Skype. No account? Create one! Can't access ...

Bookings
Bookings - Office 365 login

 **Microsoft 365**

Microsoft 365

Product family of Microsoft

W YouTube Instagram TikTok LinkedIn

Microsoft 365 is a product family of productivity software, collaboration and cloud-based services owned by Microsoft. It encompasses online services such as Outlook.com, OneDrive, Mi... +

[Wikipedia](#)

- Activity
- Chat
- Calendar
- Assignments
- Teams
- Viva Insights
- ...
- Apps
- Help

Teams

Use School Email Address to sign in :
B26DaviesJ@whitchurch.cardiff.sch.uk

Join or create team

Your teams



ICT Teaching Resources



Year 7 Resources



Year 8 Resources



Year 9 Resources



GCSE Digital Technologies



ICT and CS Department



GCSE Computer Science



Computer Science AS Transition



Accessing Microsoft Teams – Assignments

The screenshot displays the Microsoft Teams interface. On the left sidebar, the 'Assignments' icon is highlighted with a red rectangle. The main content area shows the 'Assignments' page for the 'Year 7 Resources' team. The page has a search bar at the top and tabs for 'Forthcoming', 'Ready to grade', 'Past due' (selected), 'Returned', and 'Drafts'. Below the tabs, there are three assignment cards:

- 13 May** Due 5 months ago
Cyber Castle Challenge
Due at 23:59
- 4 Feb** Due 9 months ago
Using Media - Exit ticket: Lesson 4
Due at 23:59
- 10 Jan** Due 9 months ago
7.3 Using Media - Exit Ticket - Features of a Word Processor
Due at 23:59
7.3 Using Media - Exit Ticket - Licensing Appropriate Images
Due at 23:59



Microsoft Teams – Accessing Resources

The screenshot shows the Microsoft Teams interface. On the left is a sidebar with navigation icons: Activity (1), Chat (13), Calendar, Assignments, Teams (selected), and Viva Insights. The main area is titled 'All teams' and shows a team named 'Year 7 Resources'. Inside this team, the 'General' channel is selected. The 'Files' tab is active, showing a list of files and folders. A red arrow points from the 'Files' tab to the '7.1 Introduction to Computing' folder. The list includes:

Name	Modified
7.1 Introduction to Computing	September 4
7.2 Computer	September 4
7.3 Introduction to Spreadsheets	September 4
Archive	September 4
braindrain.swf	October 2

Explore files to see resources uploaded by the class teacher.



Microsoft Teams – Accessing Resources

Documents > General > Class Materials > 7.1 Introduction to Computing > L1 – Welcome to the Computing Lab

Name	Modified	Modified By	
Hazards-in-a-Computing-Lab.png	September 18, 2021	RookeA	
Hazards-in-a-Computing-Lab-Answers.png	September 18, 2021	RookeA	
Teacher - Lesson 1.pptx	July 10	RookeA	
Teacher Activity for Lesson 1.docx	September 18, 2021	RookeA	

**Explore files to see resources
uploaded by the class teacher.**



Acceptable Use for Mobile Phones & Digital Devices.

- **Our acceptable use policy is very clear and easy to follow for pupils and identifies both acceptable and unacceptable use.**
- **Its aim is to create a safe, focused and respectful learning environment where technology enhances learning without becoming a distraction.**
- **All digital devices must be switched off and stored out of sight for the whole of the lesson unless advised to use them by the teacher. This includes the end of the lesson when packing away.**
- **There are now designated device free zones within the school such as canteens, libraries, toilets & changing rooms. These are identifiable with clear signage.**
- **Mobile phones will only be allowed in class when their use clearly enhances or improves the learning experience. This must be a deliberate and purposeful decision by the teacher.**
- **For students who do not have access to a mobile phone, laptops will be provided during these occasions.**



Mobile Phones – Parent/Carer Support

APPS AND THEIR AGE RATINGS

13+		16+	
 Facebook	 Snapchat	 WhatsApp	
 Instagram	 Twitter	17+  Sarahah	
 TikTok	 Kik		
 YouNow	 Yubo		
 House Party	 Monkey		
			18+  MeetMe
		 YOLO	 LiveMe

Many social media apps have an age rating of 13+.

This relates to data processing policies that social media companies need to adhere to.

Under the COPPA (Children's Online Privacy Protection Act) Law, social media companies are prohibited from collecting and storing any personal information about any persons under the age of 13.



Mobile Phones – Form Groups



Please monitor these groups.



Why are students taught in mixed ability classes?

- **Opportunities - Gives all students exposure and experience to high level teaching and learning.**
- **There is no evidence that it is detrimental to our top achievers and our GCSE and A level results would support this.**
- **Allows all students to develop and progress.**
- **The whole person – develops social and emotional understanding and greater peer relations tend to form.**
- **Certain subjects are set in Year 9, 10 and 11 due to the nuance of their subjects, but overall WHS operates and fully supports this format of teaching.**
- **Universal provision – allows all pupils to engage and progress through the curriculum.**



Reporting – Learning Behaviours

Students can learn behaviours that will lead to greater progress and success in school and life which will support them in developing the four core purposes of the new curriculum.

LB1: Is an ambitious and purposeful learner

LB2: Takes responsibility for their own learning

LB3: Is able to listen and communicate respectfully

LB4: Is a confident and resilient learner



Learning Behaviour	How can you support your child to improve?
LB 1: Is Ambitious and Purposeful 	✓ Encourage them to participate fully in lessons. ✓ Take an interest in their work and encourage them to complete work by the deadlines set in school. Have a look at their books and ask them about their learning. ✓ Encourage them to read/reflect on the feedback their teachers provide and act on it.
LB 2: Takes responsibility for their own learning 	✓ Make sure they prepare for school by packing their bag with resources they need and remind them to be punctual. ✓ Remind them to listen to instructions and act on them positively. ✓ Talk to them about their learning and remind them how important it is to focus on the work/tasks set in lessons. If needed, help them develop strategies to maintain focus.
LB 3: <u>Is able to</u> listen and communicate respectfully 	✓ Encourage them to value and respect the views of others and appreciate diversity. ✓ Encourage them to remain calm and show empathy even when their personal views differ from those of others
LB 4: Is Confident and resilient 	✓ Remind them that mistakes are part of learning and that this shows they are being challenged. Encourage them to persist and keep trying in these situations. ✓ Take an interest in the feedback teachers provide them and encourage them to use it constructively and learn from it.



Key Dates for Year 7

See School Calendar on Website

Half Term	Monday 26 th – Friday 30 th October
Inset Day	Friday 13 th November
Flu Vaccinations – Year 7	Thursday 10 th December
Last Day of Autumn Term	Friday 18 th December
Christmas Holidays	Monday 21 st December – Friday 1 st January
INSET Day	Monday 4 th January
Half Term	8 th – 12 th February
Inclusive Games	Week Commencing 15 th February
Eisteddfod	Thursday 18 th February
Last Day of Spring Term	Friday 19 th March
Easter Holidays	Monday 22 nd March – Friday 2 nd April
Year 7 Progress Evening 1	Thursday 29 th April 3.30pm - 6.30pm - Online
Year 7 Progress Evening 2	Tuesday 4 th May 3.30pm - 6.30pm - Online
Year 7-9 Sports Day	Week Commencing 24 th May
Half Term	Monday 31 st May – Friday 4 th June
Geography Local Fieldwork	Week Commencing 14 th June
Year 7 – 9 Sports Awards Evening	Tuesday 6 th July
Last Day of Term	Friday 16 th July



Support and Queries

whs@whitchurch.cardiff.sch.uk

WHS Contact Number – 02920 629700

Year 7 Progress Team - Mrs G Salmon/ Mrs E Reid/Mrs L Jones/Mr D Duncan

Wellbeing – Ms L Price



Thank you for joining us...

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