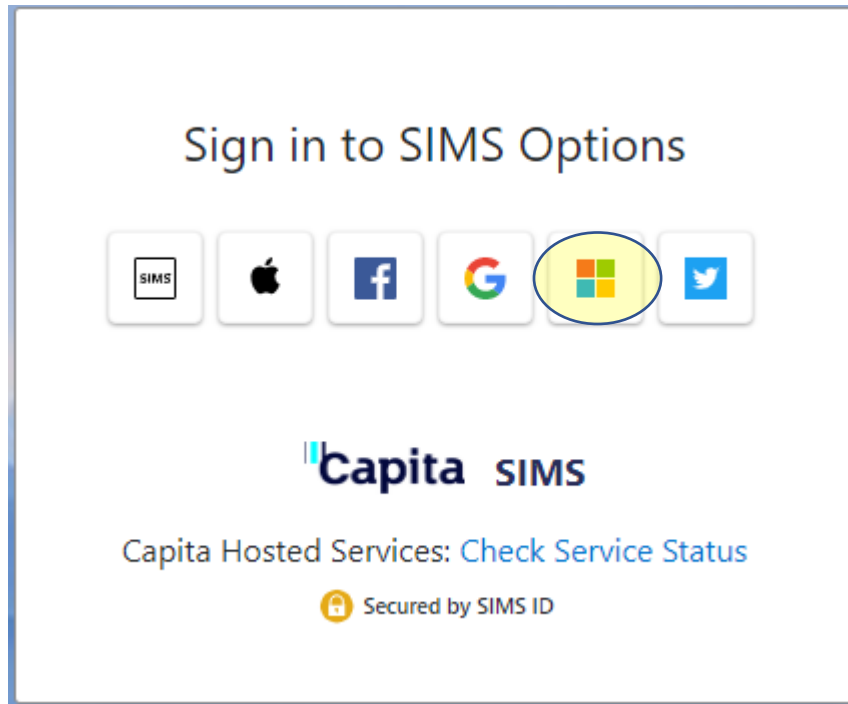
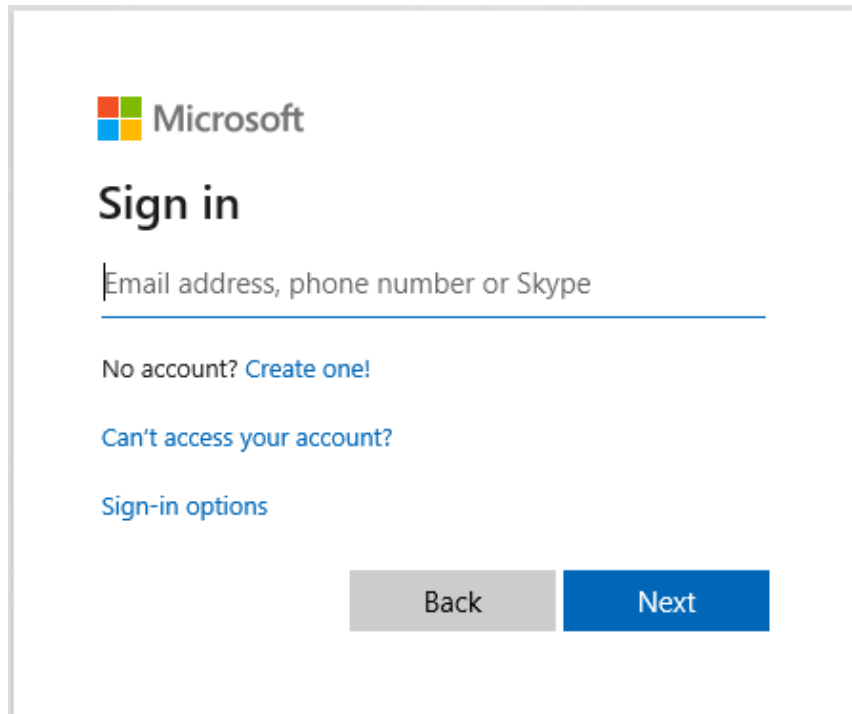


YEAR 9: OPTIONS ONLINE INSTRUCTIONS TO SUBMIT FREE CHOICE OPTION SUBJECTS 2025

1. Go to www.sims-options.co.uk
2. Select sign in with windows



3. Enter your school email on the first prompt screen ending: @whitchurch.cardiff.sch.uk



The image shows a Microsoft sign-in screen. At the top left is the Microsoft logo. Below it is the text "Sign in". Underneath is a text input field with the placeholder text "Email address, phone number or Skype". Below the input field are three links: "No account? Create one!", "Can't access your account?", and "Sign-in options". At the bottom are two buttons: "Back" (grey) and "Next" (blue).

4. Then enter your password. This will be the same as you use to log into the network at school. Please make sure that you are not signed in to any other applications when signing in.

5. Select the 3 courses that you wish to follow in year 10 by clicking on the subject.

Free Choice List

Please select 3 subjects that you wish to study in year 10 from the list below. Please refer to the school website for specific information about each subject:
[Option Subjects - Whitchurch High School \(whitchurchhs.wales\)](#)

Please remember to click the save button.
You can change your choices up to and including the deadline of the 10th February 2025.

You have chosen courses from this list

Art design GCSE Full Course	Art photography GCSE Full Course	Business studies GCSE Full Course
Catering GCSE Full Course	Health & Social Care & Childca GCSE Full Course	Computer Science GCSE Full Course
Digital applications GCSE Full Course	Drama GCSE Full Course	Art Textiles GCSE Full Course
Engineering Design GCSE Full Course	Electronics GCSE Full Course	French GCSE Full Course
Geology GCSE Full Course	Geography GCSE Full Course	German GCSE Full Course
HE food GCSE Full Course	History GCSE Full Course	Media studies GCSE Full Course
Music GCSE Full Course	Product Design GCSE Full Course	Pe gcse GCSE Full Course
Psychology GCSE Full Course	Religion, Values and Ethics GCSE Full Course	Sport and fitness GCSE Full Course
Sociology GCSE Full Course	Skills Challenge Certifi GCSE Full Course	Triple Science GCSE Full Course
SWEET GCSE Full Course	Work Related Education GCSE Full Course	Wales, Europe and the World GCSE Full Course

6. The courses that you have selected will be displayed towards the right-hand side of the screen.

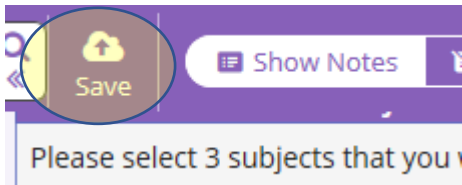
My Choices in Order of Preference (Total Choices: 3)

To change your order of preference select a choice and click the position in the list you would like to move it to.

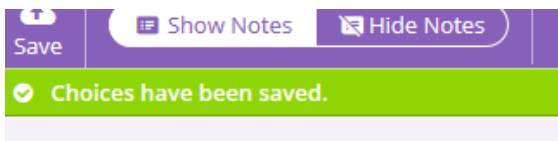
- 1 **Triple Science**
GCSE Full Course Option A
- 2 **Psychology**
GCSE Full Course Option B
- 3 **History**
GCSE Full Course Option C

7. You can deselect a course by clicking on it again.

8. Make sure that you click save at the top of the page to submit your choices.



9. A green bar will appear briefly at the top of the page to confirm that your choices have been submitted



10. Any changes can be made up until the deadline of the 10th February

If you have any questions about this process or need any further support and guidance, please see one of the Yr 9 Progress Team

