



September 2023

Dear Parent/Carer

The Welsh Government and Public Health Wales have developed the following guide to vaccinations for young people:

[Vaccinations for young people - Public Health Wales \(nhs.wales\)](https://www.nhs.uk/healthcare/vaccinations-for-young-people)

The guide explains when and how vaccinations are offered to young people in school years 7 to 11 and why they are so important. Parents and carers are asked to read the guide. In addition, when each vaccination is due you will receive information from the school about the vaccination being offered along with a consent form*. Please also read this information and return the consent form as soon as possible, so that your child receives the best protection they can have against these serious diseases.

(*Young people attending secondary schools in the Cardiff and Vale university health board area receive their year 9 vaccinations (3-in-1 and MenACWY) at their GP surgery so will not receive information about these vaccinations from schools in this area.)

Please also find attached correspondence from the school nursing immunisation team which includes their immunisation timetable and a letter providing information for students in years 9 to 11 on the change to the dose.

Kind Regards

Whitchurch High School

School Nursing Immunisation Team Timetable 2023/2024

School Year	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Reception	Flu	Flu	Flu						
1	Flu	Flu	Flu						
2	Flu	Flu	Flu						
3	Flu	Flu	Flu						
4	Flu	Flu	Flu						
5	Flu	Flu	Flu						
6	Flu	Flu	Flu						
7			Flu	Flu					
8			Flu	Flu		HPV	HPV	HPV	HPV
9			Flu	Flu		HPV	HPV	HPV	HPV
10			Flu	Flu					
11			Flu	Flu					

Flu – Nasal Spray Flu Vaccine will be offered in school from Reception to Year 11

Anyone can get flu but children have the highest rate of infection and it can be serious for them. The vaccine can help protect your child against serious complications from flu, such as pneumonia and help protect others who may be vulnerable to complications from flu. The nasal flu spray is the best way to protect against flu and reduce the spread of the seasonal influenza virus.

HPV – The HPV vaccine will be offered to girls and boys in Secondary School from Year 8

HPV infection is very common. There is clear evidence that the HPV vaccination can reduce your child's chances of developing HPV-related cancers and HPV-related genital warts. In time, it is expected the HPV vaccine will save hundreds of lives every year in the UK by preventing cancers caused by HPV. If your child missed their HPV vaccine in school, please contact the School Nursing Immunisation Team on 02920 907661/664 or email immunisation.Cavuhbschoolnursing@wales.nhs.uk to discuss and/or book a catch-up clinic

It is vital that your child receives key routine scheduled vaccinations throughout their childhood and on time - please ensure these are up to date as they grow up. Your GP practice should invite your child to receive the following vaccines however please note that if your child attends a Cardiff and Vale school but lives outside the area, you will need to contact the GP to make an appointment.

Pre Schoolers (offered from 3 years and 4 months of age)

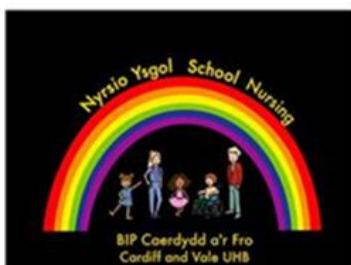
- 🛡️ **MMR vaccine** (2nd dose) protects against measles, mumps and rubella
- 🛡️ **4-in-1 vaccine** (booster) which protects against diphtheria, tetanus, pertussis and polio

Between 13-15 years

- 🛡️ **3-in-1 teenage booster (Td/IPV)** which protects against diphtheria, tetanus and polio
- 🛡️ **MenACWY** which protects against Meningitis and Septicaemia.

If you are unsure, or think your child has missed any of these vaccinations, contact Child Health on 02921 836928 or your GP surgery and ask if they can check your vaccination record.

It is best to have vaccinations on time, but it is never too late to catch up on missed vaccinations. Vaccinations saves Lives.



Mae Brechu yn achub bywydau
Vaccination saves lives

Mae apwyntiadau brechiadau'n rhesymau meddygol pwysig dros adael eich cartref
Vaccination appointments are important medical reasons to leave your home



Nyrsio Ysgol | School Nursing
BIP Caerdydd a'r Fro | Cardiff & Vale UHB



GIG
CYMRU
NHS
WALES | Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

Human papillomavirus (HPV) vaccination **Change to a single dose: Information for year 9, 10 and 11 pupils in 2023/24**

Dear parent or guardian,

The HPV vaccination protects against HPV infection to help reduce your child's risk of some cancers

The HPV vaccine is highly effective in protecting boys and girls from certain types of cancer caused by HPV infection, including cervical cancer and head and neck cancers (that are most common in males). In previous years, the vaccine was given as two doses. Evidence now shows one dose provides young people with the same level of protection as the previous two doses. This means that from September 2023 eligible secondary school pupils will be offered one dose of the HPV vaccine*. The change to one dose of the HPV vaccine is recommended by the Joint Committee on Vaccination and Immunisation (JCVI) and NHS Wales.

If your child has previously had one dose of the HPV vaccine, they are now considered fully vaccinated and do not require any further doses.

Cervical screening

Girls who are vaccinated against HPV will still need to have routine cervical screenings (smear tests) from the age of 25. The best possible defence against cervical cancer is a combination of HPV vaccination and routine cervical screening.

You can find more information on the HPV vaccine at:

[HPV vaccine - Public Health Wales \(nhs.wales\)](https://www.nhs.uk/healthcareprofessionals/immunisation/HPV-vaccine)

Please keep this letter as it contains important information about the Human Papillomavirus (HPV) vaccine.

Kind regards

School Nursing Immunisation Team

Tel 02920907661/664

Immunisation.CAVUHBschoolnursing@wales.nhs.uk

*A small number of young people who have a weakened immune system or who have HIV will need to have more than 1 dose of HPV vaccine to be protected.